

DTBY Weekly Workshop Information
DARE to be You
(Youth Group)

Site _____

Cohort _____

Session _____

Date _____

Facilitators (note any substitutes):

Attendees: _____ youth
 _____ visitors

Time spent on meals & social _____ minutes (approx.)

Time spent on individual activities _____ minutes (approx.)

Time on joint (parent **&** youth) activities _____ minutes (approx.)

Program Content (session objectives):

Adherence to Protocol for Activities
 3 = Closely followed curriculum description
 2 = Some changes in how activity was given
 1 = Many changes in materials/delivery

Parent/Youth Activities:

1.	3	2	1
2.	3	2	1
3.	3	2	1

Youth Activities:

4.	3	2	1
5.	3	2	1
6.	3	2	1
7.	3	2	1
8.	3	2	1
9.	3	2	1
10.	3	2	1

Other:

_____	3	2	1
_____	3	2	1

Approximately _____ % of the session focused on individuals' personal issues and concerns, as compared to _____ % focused on activities and information in the curriculum.

Briefly describe any adaptations or changes made to these parent activities (anything circled 2 or 1 above):

Engagement

“Engagement” refers to the alliance or relationship between program staff and participants, as well as how invested the participants are in the program. Please rate how things went this week, on the questions below.

1. Your views on how much the youth ...

participated	(passive)	1	2	3	4	5	(active)
accepted new ideas/skills	(rejected)	1	2	3	4	5	(embraced)
got along with each other	(-- conflict)	1	2	3	4	5	(+ + support)
respected others' perspectives	(put downs)	1	2	3	4	5	(valued)

2. Have you observed the youth trying out the strategies learned in DTBY? Describe evidence that youth are:

- resistant to trying out new skills/approaches
- talking about new skills as something to try (“contemplation”)
- actively using new skills in their family

3. When facilitating this week’s activities, I was ...

well prepared	(str. disagree)	1	2	3	4	5	(str. agree)
clear and organized	(str. disagree)	1	2	3	4	5	(str. agree)

4. Briefly note how the youth were given opportunities to practice new skills:

5. Overall, how well did this session go?

6. Describe any unusual circumstances that arose – family crises, life changes – that might have affected group dynamics.

7. Note any participant feedback about the session: